

RESULTADO OFICIAL
5K GERAL - Categoria 40 a 49 anos - FEMININO

Pos.	Nome	Nasc.	Equipe	Num.	Liquido	Tempo
1	VANUZA TOME DA SILVA	15/10/1972	VIVA+ RUNNERS	1131	00:27:00	00:27:48
2	DIANA MARA GOMES	12/10/1977	ATLETAS DO PARQUE	561	00:26:21	00:28:27
3	SOLENILZA MENDES BARBOSA	21/05/1975	AVULSO	858	00:28:50	00:29:01
4	ALDANICE FERREIRA RIBEIRO BARBOSA	02/06/1974	AVULSO	450	00:30:15	00:30:24
5	ELIETE FONSECA REBOUCAS MODESTO	29/01/1977	VIVA+RUNNERS	1147	00:29:34	00:30:25
6	ANA CRISTINA PEREIRA DO NASCIMENTO	22/10/1969	FABIO SILVA	535	00:28:26	00:30:50
7	RUTH MORAES ABECASSIS	06/11/1971	AVULSA	1393	00:29:15	00:31:16
8	GEORGIA CLAUDIA MARTINS SEKI	29/04/1973	CT MICHAEL OLIVEIRA	609	00:30:05	00:31:24
9	RAQUEL TAKEDA TICHY	06/01/1977	AVULSO	814	00:30:33	00:31:50
10	SELMINHA PRUDENCIO	20/01/1972	FERMEN.TO	1170	00:31:24	00:32:02
11	LUCINEIA GONCALVES DA COSTA	14/02/1977	RUNBEER	1181	00:29:54	00:32:11
12	CLAUDIA CRUZ NEVES	07/02/1968	CAMALEÕES	527	00:31:02	00:32:24
13	MARIVONE BRANDAO DE LIMA	20/02/1976	ENDURACE	754	00:31:56	00:32:24
14	ADRIANA DE OLIVEIRA LIMA	10/12/1975	CORRE MANAUS	567	00:30:57	00:32:39
15	ANA NERIS MIRANDA SERRAO	05/02/1976	VAI CORRENDO VOLTA SE ARR	760	00:32:12	00:32:41
16	JOYCE NOVOA	11/11/1972	SERGIO SPORTS	1345	00:30:05	00:32:41
17	JOELMA DA SILVA MAIA	13/07/1973	RUNBEER	1180	00:31:13	00:33:29
18	KEYLA ROBERTA NUNES CUNHA	11/02/1976	FITONE	686	00:33:49	00:33:49
19	ROSA DOS S APARICIO	13/05/1968	AVULSO	834	00:33:43	00:34:03
20	NILDA GORETHE PALMA PANTOJA	17/02/1974	AVULSO	778	00:30:31	00:34:07
21	FABIA MARIA CAVALCANTE PEREIRA LOUZEIR	02/12/1974	AVULSO	1144	00:32:43	00:34:09
22	HEYNA MARIA DIAS SEABRA	12/07/1976	CAMALEAO	626	00:32:54	00:34:45
23	MARIA DAS GRACAS RUFINO DOS SANTOS	04/03/1977	RUFINO RUNNERS	1094	00:33:16	00:34:56
24	AURISTELA FERREIRA SARAIVA DE MELO	20/04/1968	OS PIPOCAS	587	00:33:35	00:35:00
25	ELAINE CRISTIANE COSTA	15/11/1973	AVULSO	695	00:34:00	00:35:13
26	SIDIA MARA TAVARES SIMOES	31/12/1972	BARREIRINHA	854	00:35:10	00:35:18
27	ANA LUCIA DE SOUZA CRUZ YAMANE	31/05/1970	AVULSO	1188	00:32:34	00:35:41
28	MARTA EDITH VELASQUEZ DAVID	18/05/1968	E'KATI OMANI	1159	00:34:19	00:35:51
29	MARIA GERLANE PENA DE ABREU	15/04/1973	SHOW	610	00:34:45	00:35:58
30	MONICA LANA MACEDO DA SILVA	15/04/1973	PCT	697	00:33:04	00:36:00
31	RIELVA SOLIMAIRY CAMPELO DO NASCIMENT	19/07/1970	EKATI OMANI	825	00:34:31	00:36:04
32	NALU DA SILVA DUARTE	10/02/1970	EXTREME RUNNERS	770	00:35:18	00:36:07
33	MARA REGINA DA SILVA MARQUES	04/11/1969	AVULSO	1087	00:35:04	00:36:24
34	KAREN CRISTINA ROCHA LEAO	03/10/1977	AVULSO	1108	00:33:43	00:36:31
35	ROSALIA MARQUES DE SOUZA	24/11/1971	AVULSO	862	00:36:03	00:37:09
36	MYCHELYNE FYSCHER DA COSTA THOMPSO	19/12/1976	PCT	768	00:34:31	00:37:10
37	HELEN CRISTINA RUFINO DOS SANTOS	06/05/1975	RUFINO RUNNERS	1225	00:35:45	00:37:27
38	VALDENISE GAMA BARBOSA	01/07/1974	AVULSO	1209	00:34:11	00:37:40
39	DALCILENE GONCALVES COUTINHO	11/06/1971	AVULSO	541	00:36:51	00:38:01
40	GLAUCE DE ASSIS S S DE OLIVEIRA	24/03/1976	POMAR LIFE RUN	616	00:35:35	00:38:04
41	TATIANE DE PAULA SANTOS	11/07/1977	STUDIORUN	871	00:35:04	00:38:06
42	JULIA SILVA MOURA	13/06/1968	AVULSO	669	00:37:01	00:38:15
43	SONIA LUZIA GOLFETTO DOS REIS	07/06/1970	GIOVANNASGOLFETTO SPORT	1166	00:35:49	00:38:22
44	ANA CELIA TOMAZ ZURRA	27/07/1975	SHOW RUNNERS	523	00:37:25	00:38:37
45	LIENSANDER VIEIRA CARNEIRO	16/11/1974	AMAZON RUNNERS	708	00:35:32	00:38:44

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46	MARILUCE CAETANO GAMENHA	06/04/1971	PCT	560	00:36:09	00:38:50
47	SONIA MARIA BEZERRA LIRA	06/01/1972	GAROTAS DO ASFALTO	860	00:35:20	00:39:08
48	LORENA HOLANDA DE SOUZA	10/09/1977	AVULSO	712	00:39:10	00:39:10
49	CRISTIANE MOTA DE CARVALHO	07/11/1968	CT MICHEL OLIVEIRA	537	00:37:34	00:39:13
50	ADRIA VIRGINIA AMARAL SANTOS	07/09/1973	SELVA-BRASIL	441	00:36:21	00:39:16
51	CRISTINA COELHO DA SILVA	22/03/1972	AFEAM RUNNERS	1137	00:39:24	00:39:24
52	ELIANE NOGUEIRA CAMPOS	31/03/1969	AVULSO	578	00:37:10	00:39:38
53	NINA NOZAWA	08/02/1977	AVULSO	782	00:37:08	00:39:51
54	MARIA GILVANETE PARENTE ARRUDA	11/10/1972	PCT	612	00:38:55	00:40:16
55	ESTELA PEREIRA BARRETO GARCES	11/01/1971	AVULSO	605	00:39:49	00:40:37
56	REGINA NAZARE GOMES FIGUEIRA	16/09/1971	VAI CORRENDO VOLTA SE ARR	818	00:35:06	00:41:15
57	ANA GUERREIRO LEAL	24/12/1977	EVS DARIO CLOVES	1280	00:41:22	00:41:22
58	SONIA MARIA DOS SANTOS	27/07/1972	AVULSO	861	00:40:06	00:41:29
59	ROSANA MARQUES DE SOUZA	19/07/1969	AVULSO	752	00:40:49	00:41:50
60	KELIA DILEON FERREIRA DA SILVA MORAES	17/11/1973	SHOW	684	00:40:36	00:41:51
61	KYOUNG A JANG	03/08/1968	AVULSO	1217	00:40:45	00:42:18
62	MARA NOGUEIRA VARELA	17/03/1975	PASSOS FITNESS	1373	00:41:29	00:42:25
63	SELMA DOS SANTOS PEREIRA COELHO	22/06/1974	AVULSO	1115	00:39:07	00:42:39
64	FRANCISCA MARTA NASCIMENTO DE OLIVEI	05/12/1976	CAVEIRAS RUN	1233	00:40:55	00:42:46
65	FERNANDA SABEDA DE ASSUNCAO	05/05/1976	AVULSO	594	00:39:30	00:43:01
66	ANA CRISTINA DOS SANTOS TEIXEIRA	09/01/1969	AVULSO	539	00:41:40	00:43:07
67	RAQUEL PINHEIRO GONCALVES	24/03/1977	AVULSO	815	00:41:44	00:43:12
68	LEILEANE CARVALHO	14/02/1971	AVULSO	699	00:42:50	00:43:16
69	JAYCELEIDE MARIA DA SILVA BRASIL MAXIM	07/03/1976	AVULSO	647	00:43:28	00:43:28
70	KATIA SAMARA PEREIRA MOURA	08/06/1974	TURMA TOP DAS VINTE	681	00:39:51	00:43:35
71	YLANA MARQUES FUNES	04/04/1975	AFEAM RUNNERS	1134	00:40:54	00:44:08
72	CLAUDIA ROBERTA SOUZA RIBEIRO	31/03/1969	PANCAP	829	00:43:46	00:44:36
73	LUCINEI SEBASTIANA PINHEIRO OMAKI	20/01/1971	AVULSO	713	00:42:14	00:44:42
74	MARIA MIREIDE A QUEIROZ	12/02/1972	TOPS	765	00:44:07	00:44:56
75	CONCEICAO R SANTOS ALVES	17/12/1971	RUFINO RUNNERS	1390	00:43:14	00:44:57
76	ANA RITA FREITAS SEIXAS	04/08/1974	AVULSO	828	00:42:09	00:45:37
77	ALDENIR CASCAES NOGUEIRA	18/09/1969	PCT	452	00:42:43	00:45:38
78	CYNTIA RIBEIRO	25/12/1971	#BRAVE RUNNERS OF THE AM	540	00:45:48	00:47:22
79	KATIA REIS	08/06/1968	PCT	678	00:44:27	00:47:23
80	LUZILENE FATIM DO NASCIMENTO	19/03/1973	AVULSO	1381	00:46:19	00:47:40
81	TACIANA VELOSO TEOBALDO	03/03/1971	AVULSO	867	00:45:42	00:48:01
82	MARIA RITA DOS SANTOS	20/05/1970	AVULSO	826	00:45:26	00:49:07
83	SAMARA DE CASTRO LOPES CARNEIRO	09/01/1977	AVULSO	845	00:45:23	00:49:07
84	ADRIANA CRISTINA ALENCAR LOPES	05/03/1973	AVULSO	442	00:46:18	00:49:16
85	LUCIANA FERNANDES CATAO	28/04/1974	APAIXONADOS POR CORRIDA	1145	00:46:34	00:49:34
86	ELVIRA FARIAS DE OLIVEIRA	30/11/1973	AVULSO	1008	00:49:13	00:49:56
87	MARILANE NASCIMENTO IRMAO	19/12/1974	AVULSO	696	00:47:32	00:50:12
88	ELINE FARIAS DE NASCIMENTO	01/03/1972	AVULSO	1211	00:46:43	00:50:13
89	OSMARINA DE SOUSA HAGGE GITIRANA	04/12/1977	GEOS TEAM	789	00:48:36	00:50:50
90	NAIARAGARCIA MOREIRA	27/02/1975	FIT ONE	692	00:49:27	00:51:31
91	ELISANGELA REGINA GOMES FERREIRA	04/10/1977	AMAZON RUNNERS	580	00:48:32	00:51:36

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92	LUZIA GONCALVES MORAES	12/12/1974	FITONE	1344	00:50:51	00:51:42
93	ANDREA REGINA TAVEIRA MENDES	20/05/1976	AVULSO	1418	00:48:06	00:51:45
94	ARIETE DA CONCEICAO NUNES DOS REIS REI	13/09/1973	PERSONAL CIRCUIT TRAINING	486	00:50:16	00:53:22
95	ANGELA DOS PASSOS ZACARIAS	30/03/1973	AMAZON RUNNERS	1282	00:50:11	00:53:44
96	ALESSANDRA DA CONCEICAO NUNES	13/09/1970	PERSONAL CIRCUIT TRAINING	455	00:50:39	00:53:46
97	JANE BATISTA	26/11/1969	PERSONAL CIRCUIT TRAINING	644	00:50:39	00:53:46
98	ALVERLANE OLIVEIRA LEITE	04/11/1970	AVULSO	1006	00:57:39	00:57:39
99	CRISTIANE GOMES MONTEIRO	24/12/1973	LOUCOS POR CORRIDAS	534	00:55:14	00:58:44
100	SONIA CLAUDIA DA ROCHA FONSECA	27/12/1973	AMIGOS DA CORRIDA	1138	00:58:08	00:59:06
101	VANJA MACIEL BELMONT	20/02/1968	AVULSO	1400	00:58:23	00:59:32
102	ANA PAULA DOS SANTOS SILVA	29/09/1974	TRACA RUNNERS	792	01:07:14	01:08:11
103	DAYLA CERQUEIRA DE SOUZA	29/05/1974	PÉ URBANO	1251	01:16:04	01:19:07
104	ELAINE DA SILVA PORTELA JORGE	22/02/1975	AVULSO	1140	01:19:07	01:21:18